

HAMPTON VA

HEALTHY FAMILIES

SCHOOL AGE PROGRAMS

PARENT HANDBOOK SY21-22



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Welcome to School Age Programs



It is my pleasure to welcome you to the Hampton School Age Programs. A program that strives to provide the community of Hampton support for all school-age children, youth, and families through providing access to high-quality before and after school programs designed to promote the positive well-being of the whole child.

Our customers and children expect and deserve quality service. As such, our staff receives continuous training in areas of child development, customer services, playground safety, behavioral health, Child Protective Service, positive discipline, and age-appropriate recreational activities to meet the needs of our families.

The school-age programs will comply with CDC guidelines and Hampton City Schools mitigation/safety plan as it relates to COVID-19 to ensure the safety of our staff, children, and families.

Thank you for choosing the Hampton School Age Programs and we look forward to serving you and your families. If you need assistance or have questions, please call the office at 757-727-1300, option 4.

Jason S. Samuels

Program Manager

MISSION: School Age Programs strives to promote the social, physical, educational and emotional growth of all children in a safe, caring, structured environment.

VISION: Strive to provide the community of Hampton support for all school age children, youth, and families through providing access to high quality before & after school programs designed to promote the positive well-being of the whole child.

GOAL: The goal of the program is to offer an inclusive program with a variety of options for parents of Elementary and Middle school students to participate in a structured environment that nurtures all aspects of the development of children.

PROGRAM DAYS AND TIME: Programs operate 5 days per week, Monday through Friday when Hampton City Schools are in session. Before School Programs start at 6:30 am and operate until school starts, (times vary); After School Programs start at school dismissal. All programs end promptly at 6:00 pm.

EQUAL ACCESS: No eligible participant shall, on the basis of race, sex, creed, national origin or disability be denied equal access to programs, activities, services or benefits or be limited in the exercise of any right, privilege, advantage or opportunity.

UNDERSTANDING AND AGREEMENT

By enrolling your child in the City of Hampton School Age Programs, it is assumed that you will read and agree to the policies listed in this handbook. There is a minimum enrollment of 15 students per Before School Program site and 20 per After School Program site. Any program not meeting the required enrollment within the first 4 weeks of school will be closed. Parents will be notified within 2 weeks of any pending closures.

In order to provide educational and fun enrichments to your child, you may be asked from time to time to take a survey that will help us to improve the program quality. If you have a question, concern or suggestion, consult staff or contact the School Age Program office at (757) 727-2620. Thank you for your cooperation!

COVID SITE SAFETY

ALL SAP staff, parents and children MUST wear face masks at all times in the sites.

SAP staff will conduct an on-site temperature checks and review the Health Questionnaire with the parent/guardian and child before the parent/guardian leaves the site in the AM. This will be done at your sites designated sign in/out area, please see your SAP site team for exact locations. Temperature checks will also be performed when students come into the site from school in the afternoon.

If a child exhibits any identified COVID symptoms while on site, the child's parents/guardian will be contacted to pick up the child immediately. Notification by SAP staff will be made to the HCS school nurse letting them know your student was sent home due to illness. HCS School Nurse will contact you to ask further questions related to the illness and determine when your student may return to school and to the SAP site. If it is determined that your child's symptoms warrant referral to medical provider, you will be required to have the child test for COVID before the child returns to any SAP sites. SAP expects those who are sick with a fever to stay home until they have been symptom free without medication for at least 72 hours.

Families are asked to assign one family member for drop-off and pickup to minimize exposure to multiple people. If this is not possible, SAP is asking parents to call the site upon arrival and the staff will meet the parent at the entrance for drop off and pick up.

SAP sites will have a dedicated space where staff can care for sick children while being separated from others until a family member arrives to pick them up; the sick child's parent/guardian will be notified and will be allowed up to one (1) hour to make arrangements to pick up the child. During the AM time, if our site closes your student will be escorted to the HCS school nurse who will keep them in their CARE area until you pick them up. You must let the front office staff know when you arrive and ask for entrance that you are there to pick up your sick child in the clinic. You must have your mask on and identification.

ENROLLMENT

Enrollment is on a "first come first serve" basis. Once online registration begins, it is open continuously until all program slots are filled. The maximum enrollment for each site varies depending on site. Upon initial enrollment, you must pay the registration fee plus a minimum of one of program service: ie. one week or one 5-day pass.

If your child has been dis-enrolled due to failure to pay, the child cannot be re-enrolled until all payment is up-to-date.

COMMUNITYPASS

All registration and payments are done securely online; go to <https://register.communitypass.net/Hampton>

You will choose the Hampton School Age Programs CommunityPass homepage and complete the registration process following the prompts. If you have questions or need assistance, please call our main office at (757) 727-2620.

To make your weekly payment, you will log into CommunityPass and “Select new week(s) & passes here” where you will be asked to verify your information, then select participant, program, weeks or passes, and confirm your registration prior to checking out. These steps help ensure that your payment is secure and processed correctly. As a convenience to families, a CommunityPass Kiosk is located in the lobby of the main School Age Programs office at 100 Old Hampton Lane; the kiosk accepts online payments only.

Payments are due on the **Saturday prior to the upcoming week of service**. Payments made after Saturday at midnight will incur a \$10.00 late fee. If payment is not received in full, your child will not be permitted to return the program. Passes users must have a pass available for program use to be eligible to participate that day and avoid late fee. Late fees are \$10 per week or 5-day pass.

PROGRAM FEES

A one-time \$20 non-refundable registration fee is required per child. Hampton School Age Program is only in operation when Hampton City Schools are in session. SAP weekly fees are prorated based on the HCS pre-scheduled operational days. Payments are non-refundable and non-transferable, even when the participant does not attend any during a week.

- Before School --
 - Weekly - \$20 per child and \$17 each additional child
 - 5 Day Pass Before School - \$25
 - Hours: 6:30am until the school day begins
- After School
 - Weekly - \$45 per child and \$40 each additional child
 - 5 Day Pass After School - \$50
 - Hours: School dismissal until 6:00pm



Credits may be applied for future weeks in the same school year for circumstances such as: hospitalization/medical exemptions, military assignment, death or school transfer (within Hampton).

No refunds are given for suspensions.

Five (5) day Passes are only valid during the current school year and expire on the last day of school, no refunds will be given for unused days. Passes users must have a pass available for program use to be eligible to participate that day and avoid late fee. Late fees are \$10 per occurrence.

It is the parent's responsibility to track the number of days used.

LATE PICK-UP FEES: *All After School Programs close promptly at 6:00 pm daily.*

Late pick up fees are \$1.00 per minute, per child, per site. The program site clock is used to verify time. You will be expected to pay your late pick-up fee on your online CommunityPass account. For families with children at multiple program sites this fee is assessed for each location.

WITHDRAWALS

If you should need to withdraw your child from the School Age Program, you will be asked to complete a short survey form to better assist us in planning and programming. The form can be obtained by emailing SAP@hampton.gov. **Payments are non-refundable and non-transferable, even when the participant does not attend any during a week.**

TAX INFORMATION



The City of Hampton's Tax ID number is **54-6001336**.
You can go into CommunityPass and print out a statement for your records.

PROGRAM POLICIES

SIGN-IN/OUT PROCEDURES: To minimize potential exposure and practice social distancing, SAP is requiring **ALL staff, students and parents to wear a face mask at all times**. At the entry to each SAP site there will be a designated sign in/out area and parents/guardians will not be allowed beyond this area. Once a participant is signed in, staff (either AM or PM) consider this attendance and all applicable fees will apply.

RELEASE POLICY: Children will only be released to individuals listed on the authorized pick-up and emergency contact list (**individuals must be 18 years or older**). A pictured identification is required for all persons picking up children. Parents **MUST** notify staff in advance if you update your authorized pick-up list in CommunityPass at all times. You will be contacted if anyone not on your pick-up list comes to pick up your child.

- **For safety, if a participant is signed out, they are not allowed to return to the program that day.**
- **If your child leaves school and does not return to school for the remainder of the day for any reason, they will not be permitted to attend the After School Program that day.**
- **If your child is suspended from Hampton City Schools, they are not permitted to attend the School Age Program.**

CONTACT INFORMATION: It is required that all participants have a parent/guardian contact number and a **minimum of two local emergency contact persons listed** on the registration form. This information is vitally important in the event of a participant's sudden illness or emergency at the program site or during Severe weather conditions that require school buildings to shut down early.

In the event of an emergency and your contact numbers are found invalid, disconnected or out of service you will be required to supply a new contact number before your child returns to the program. It is your responsibility to notify persons that you have designated them on your emergency contact list and to update the information on CommunityPass as well as at the program site if there are telephone number changes. If you or your emergency contact cannot be reached and the program site has not heard from you or anyone on the emergency pick-up list by 6:30 pm, we reserve the right to call Child Protective Services. It is the parents' responsibility to ensure emergency contacts have good working telephone numbers. Multiple late pick-ups are unacceptable and may jeopardize your child's participation in the program.

SPECIAL NEEDS, INDIVIDUALIZED EDUCATION PROGRAM and 504 PLAN DISCLOSURES

IEP/504 PLAN ASSESSMENT PROCEDURE:

ALL registrants with an IEP or 504 Plan will be required to provide Hampton SAP copies of most recent IEP or 504 Plan prior to being assessed. Upon submission of documents, Hampton SAP will contact parent(s) within 2 business days.

Please use one of the following methods for submission of IEP/504 Plan.

Email: SAP@hampton.gov

Fax: 727-1823 Attention: School Age Programs

In Person: Healthy Families 100 Old Hampton Lane Hampton, VA 23669

It is the intent of School Age Programs to plan an environment that will facilitate the success of each and every child in our program. **It is the responsibility of the parent/guardian to provide honest and accurate assessment information at the beginning of each school year to ensure that the staff is aware and equipped to manage situations that require special attention.** If your child has special needs, you **must** acknowledge they receive an Individualized Education Plan (IEP) or 504 Plan from school **prior** at the time of registration each school year. All children are required to have an assessment by the SAP Assessment Team to determine whether we have the staff and accommodations needed to serve your child.

Failure to disclose such information places our staff members at a disadvantage and limits our ability to best serve the needs of your child. If your child is admitted to our program and IEP's, 504 Plans or special needs have not been disclosed and the child begins to experience difficulties in the program they may be disciplined in accordance with the same guidelines used with all children in our program. Under these circumstances, this means that your child could be subject to immediate suspensions or dismissal from our program for inappropriate behavior. **Falsifying or failing to report special needs may result in your child being removed from the program. No registration refunds will be given.**

Your disclosures of conditions that require special attention or accommodations are confidential and do not necessarily exclude your child from participation in the program. In the best interest of your child and to increase the ability of our staff to meet the needs of your child all pertinent information should be submitted with your child's on-line registration form.



Our program is not equipped for children with chronic or severe medical conditions that require special medical treatments, procedures or attention. Because of liability issues enrollment will be decided on a case by case basis.

STAFFING

We have a minimum of one Program Leader and one Program Aide at each site. The current mandatory ratio is 15/1. This ratio may change based on program enrollment.

All staff is required to attend mandatory trainings in various aspects of program planning related to the program environment. Criminal Background and Child Protective Service checks have been completed on all staff and follow the ethical conduct of Before and After School Professionals as outlined by the National Afterschool Association. All staff members are trained in CPR and First Aid training and are required to have TB screenings and Virginia Department of Social Services Mandated Reporting training. If you have any questions or concerns that on-site staff cannot assist you with, please contact the School Age Program office at (757) 727-1300 option 4.

PROGRAM OFFERINGS

Snack	Homework Assistance	Indoor & Outdoor Recreation	Language Enrichments
Arts/Crafts	Performing Arts	Fitness Fun	STEM

We understand that homework is important and we are happy to collaborate with you by getting your child started on assigned tasks. Homework time is scheduled to last 45 minutes and our staff is expected to assist with homework by monitoring progress to keep students focused on assignments, explain questions, as it is appropriate and check for errors as time permits.

Staff does not engage in instructing or teaching skills or supplying students with answers. Since time allotted does not permit the completion of all assignments we recommend that parents do a final check of homework for accuracy and completion.

If it is your desire that your child complete homework each day before engaging in other activities, please make sure your child understands your expectations so that your child can make the best use of time allotted.

When homework time ends, each student is encouraged to engage in recreation, enrichments and other planned activities. We do not leave staff inside just so students can do homework. We are interested in the academic success of your child but please remember our programs are designed to offer a balanced schedule of activities that include homework but also other activities to enrich the experience of all children in our program.



PROGRESSIVE DISCIPLINE

SAP staff is trained through the “Positive Discipline” curriculum and uses a progressive step approach to discipline in an attempt to redirect negative behavior:

Step 1 Verbal warning which may include redirection and “chill-out” time for no longer than 5 minutes to allow the child to gather themselves and staff communication with the child. The parent will be notified of actions upon arrival.

Step 2 Written documentation to parents, redirection, and “chill-out” for no longer than 5 minutes, staff communication with the child and parental consultation upon pick up.

Step 3 Written documentation to parents and early pick up by the parent or guardian.

Step 4 Suspension for one or more days* Suspensions may be imposed in situations where misconduct continues after lesser progressive steps have been imposed or resulting from an especially egregious act. Suspensions are intended to help your child understand there are consequences for unacceptable behavior and to curb the offending actions. If your child is suspended, you must meet with a Program Coordinator to discuss behavioral expectations with you and your child before returning to the program. ***No refunds are given for suspensions.***

Step 5 Long Term Suspension* In the event that the aforementioned interventions are not successful, a Long Term Suspension (up to or more than 1 year) may be imposed. This level of intervention is usually reserved for the most severe situations.

Our goal is to keep your child in the program; however, repeated suspensions for your child’s inability to control behavior may result in dismissal from the program. Parents/Guardians are expected to sign off on discipline notifications to acknowledge awareness that a write-up has occurred. ***Refusal to sign discipline notes is documented by staff but does not nullify the disciplinary notification.*** Any child who is unable to respond positively to the program will be dismissed. You will be contacted to immediately pick up your child if they are out of control. For the safety of all children, disciplinary infractions will be reported to the building administrator.

UNACCEPTABLE BEHAVIORS

- Horseplay, fighting or rough/inappropriate behavior of any kind.
- Use of profanity, obscene gestures, or other inappropriate language.
- Throwing or flicking rocks, sand, school supplies, game pieces etc. at other participants or staff.
- Inappropriate touching, indecent exposure or immoral conduct.
- Hazing, threatening, bullying, or intimidating behavior or language toward another person.
- Possession or use of weapons, alcohol and other substances are not permitted. We are guests in the Hampton City School buildings and adhere to [HCS policy](#) on these items.
- Stealing items from the equipment box/storage unit, staff or another participants backpack (personal belongings).
- Spitting, hitting, fighting, pushing or kicking other participants or staff.
- Deliberate destruction or damaging of program or school property.
- Disregard of program rules and failure to listen or follow instructions of staff.

Please Note: This is not intended to be an exhaustive list of unacceptable behaviors. School Age Programs reserves the right to suspend or dismiss a child immediately from the program based upon the severity of the behavior issue. No refunds are given for suspensions.

FOOD POLICY

Snacks are provided at all After School Program sites. SAP will modify its snack time practices with guidance from HCS Nutrition Services to reduce the spread of germs. Students will be assigned seats in the site to ensure proper social distancing during snack. Before and after snack, all students and staff will wash/sanitize their hands and can remove their masks only during this time. Children are also allowed to bring snacks from home; however sharing of snacks brought from home is not permitted due to possible food allergies. Perishable items are not allowed. Please make staff aware of any food or substance related allergies to ensure your child is not exposed to any treat or snack items that may cause an adverse reaction.

RESTROOM POLICY

Students line up and sit with staff by grade level. One boy and one girl will be released to use the restroom while one staff stands in the hallway between the restrooms. SAP staff is not permitted to enter the restrooms when in use by a child. Once the child exits the restroom they proceed back to the other staff and children in the cafeteria and another boy and girl will be released by staff at the cafeteria door to use the restroom. This will continue until all children have used the restroom.

If a child needs to use the restroom at another time, they will be escorted by staff to the restroom; children are not allowed to go through the hallways by themselves. This reduces the possibility of horseplay and allows the staff to monitor who is coming and going.

Individuals must be able to use restroom facilities with minimal assistance from staff (i.e. verbal cues and reminders); independently get on and off the toilet; and dress themselves with minimal assistance from staff (i.e. with buttons, zippers, and snaps).

HEALTH

Your child's health and safety are paramount. SAP encourages those who are sick to stay home until they have been symptom-free without medication for at least 48 hours and to notify the school they attend to inform them your student is remaining home due to illness. The HCS school nurse will be contacting you to get more information on the illness. If your student is running a fever, they must remain home until they have been symptom free without **fever reducing medication for at least 48 hours**.

When your child is absent because of an illness in the case of a confirmed contagious disease (like COVID), please notify staff immediately. All parents at that site will be informed of any possible risk of infection as soon as possible and confidentiality will be maintained. We must also let the HCS school site school nurse know.

SAP sites will have a dedicated space where staff can care for sick children while being separated from others until a family member arrives to pick them up; the sick child's parents/guardian will be notified and will be allowed up to one (1) hour to make arrangements to pick up the child. If the parent is unavailable, the emergency contact will be called. Students must remain home until they have been symptom free without **fever reducing medication for at least 48 hours**.

Personal Hygiene: The significant social component of School Age Programs, services and activities warrants the necessity of individuals being able to care for their own hygiene needs and conditions in order to participate.

MEDICATION



If your child has a health condition that requires any type of apparatus or medication that you supply to the nurse during the school day please also provide it to the program as appropriate. This is especially important in the case of severe allergies or conditions that require ***Epi-pens, Asthma inhalers and Diabetes Insulin***. School nurses leave before our program ends and in the event of an emergency we do not have access to medications kept in the nurse's office. Please fill out an [Authorization for the Release of Medication form](#) with the Site Leader.

In order for our staff to give medication to your child you must provide complete written instructions and complete an [Authorization for the Release of Medication form](#) for any prescription drugs that your child must take. All prescription drugs must be unopened in the original prescription container, must have a label with the child's name, dosage information, and duration of medication. **If medication is expired, SAP staff reserve the right to deny your child access to the program.** No over the counter medications can be dispensed by staff and students are not allowed to self-administer any medication. Please do not ask staff to dispense Tylenol, Aspirin, cough syrups, ointments or other over the counter medications. No refrigeration is available for medications.

****Please insure authorizations are on file for the use of inhalers, Epi-pens, Insulin or other devices required in the event of an emergency.****

Please Note: For the safety of your child, parents must disclose all food, liquid, and/or substance allergies at the time of registration.

SEVERE WEATHER

We will not take participants outside in severe weather conditions. In the event of an emergency the following will occur:

- If schools close for the entire day, the School Age Programs are CLOSED (this will be announced on the radio and TV).
- **If school openings are delayed (example 1 hour or 2 hour delay), there will be NO Before School Programs that day.** However, the After School Programs will be held as scheduled. Each family is encouraged to have an alternate plan of action in case of early program dismissal due to severe weather or in the event of an emergency.
- **If Hampton City Schools close early, the program will not open. There will be NO After School Programs that day.**

Attendance Fees:

At the discretion of the Administrator, program fees MAY be adjusted due to Severe weather. Refunds are not given for program cancellations due to Severe weather. Remember to include at least two local (757) area code numbers. Parents/Guardians are responsible for updating contact information so that if conditions worsen there will be ample time to get in touch with you or your emergency contact.

ACCIDENTS/INCIDENTS

SAP staff is trained in CPR and First Aid through the American Heart Association.

If your child is injured in an accident, we will contact you or someone from your emergency contact list immediately (please be sure your CommunityPass information is up-to-date). Site staff will then contact their Lead Facilitator to report the accident and complete the documentation. Routine and minor injuries (i.e. a scraped knee or bruised elbow) will be handled at the site and you will be notified of any minor injuries at pick up.

If your child is involved in an incident, depending upon the severity, you will either be notified at pick up or contacted immediately. Site staff document all incidents and report them to their Lead Facilitator. All incidents/accidents will be reported to the City of Hampton Department of Risk Management.

Please make sure your CommunityPass information is current and up-to-date online. The Site Leader should be notified of any change in contact information for yourself or your emergency contact list. If a child is seriously injured, we will notify you and call 911. If you or your emergency contact cannot be reached, a School Age Program staff member will accompany the child in the ambulance. Your personal medical insurance policy bears primary responsibility in case of accidental injury to your child.

DRESS CODE

Children are expected to maintain good grooming habits and wear appropriate clothing. School Age Programs follows the Hampton City Schools dress code. Because of staffing limitations, we are unable to keep individual children inside during outdoor activities. Therefore, it is important to send appropriate clothing for outdoor play.



GENERAL PHOTOGRAPHY/VIDEO

For the purpose of advertisement or promotion of our programs, School Age Programs may use photographs of program activities (which may include your child's picture) to publish in magazines, newspapers or social media. There will be no payment for the use of these published photographs. A release form is included with your CommunityPass registration online, if you desire to opt out of the use of any photos taken of your child please mark the appropriate box and inform the Site Leader.



ELECTRONIC DEVICES POLICY

ELECTRONIC DEVICES (CELL PHONES, IPADS, HANDHELD GAMES, ETC.)

Hampton School Age Programs recognizes the changes that have occurred in relation to the possession and use of electronic devices. Because students have been issued electronic devices for instructional purposes by Hampton City Schools <http://www.hampton.k12.va.us/students/1819RR.pdf> and cell phones for the expressed purpose of, maintaining safe communication with parents/guardians these devices may be used only under specific circumstances. Student failure to comply with these guidelines will be escorted to their backpack to put their device inside until the parent/guardian arrives. School Age Program staff will not handle devices. If a technical problem arises with any device, the student will be instructed to turn it off and put the device away until the parent arrives.

No electronic devices including telephones are allowed to be plugged into wall sockets for charging.

Cell Phones

Cell phones must be on silent or vibrate mode during after school.

Cell phones may not be used for texting, face booking, Instagram, etc.

Cell phones should be placed in backpacks when not in use.

If students are expecting a parent/guardian to call, cell phones may be placed in a pocket, but should not be out for public display.

Hampton School Age Programs will not accept responsibility for cell phones that are damaged, broken, lost or stolen and their handling, use and care of the devices are the sole responsibility of the student and parent/guardian.



iPads/Chrome Books

Students are allowed to use such devices during homework time only. After homework time, students must store their devices in their backpack.

Games and websites must be appropriate for educational purposes. Any other use will be grounds for terminating use and student will be asked to put the device away.

Students are discouraged from sharing passwords or allowing others to use their iPads and/or Chrome Books due to the possibility of them being damaged, broken, lost or stolen.

Hampton School Age Programs will not accept responsibility for iPads and/or Chrome Books that are damaged, broken, lost or stolen and their handling, use and care are the sole responsibility of the student and parent/guardian.



Other Electronic Devices & Games

Please do not allow your child to bring hand held games or other electronic devices to the before or after school program. Students will be asked to put them in their backpacks. Leaving these devices at home is the safest way to insure the device will not be lost, stolen, damaged or broken.

Hampton School Age Programs will not accept responsibility for any electronic device, handheld games, or other personal items that are damaged, broken, lost or stolen and are the sole responsibility of the student and parent/guardian.

PARENT AND GUARDIAN INVOLVEMENT

Our focus is the well-being of the children and we believe in a strong partnership between parents and site staff. You may request a conference with the Site Leader at any time to discuss your child or the program. Conferences should be scheduled in advance at a time and place that is convenient, appropriate and does not interfere with our regular program schedule.



When communicating with program staff, you are expected to do so in a cordial, respectful manner in private. The use of profanity, obscene comments, gestures and racial slurs is strictly forbidden and will be reported to the appropriate investigating authorities. Parents/Guardians are not allowed to have any verbal or physical contact with other children and parents on HCS/SAP property. Improper conduct by the parent/guardian will result in suspension or dismissal from the program.

CUSTODY INFORMATION

The City of Hampton recognizes there are some cases in which parental custody may be shared or one parent has been granted full custody. Any disputes of parental custody must be settled outside of the program. Proof of parental custody should be presented to administrative staff for verification purposes. It is imperative that you notify the School Age Programs administrative staff of any changes regarding child custody issues, restraining orders, temporary injunctions, etc. Please be advised that staff will only comply with court orders regarding these issues.

SUSPECTED CHILD ABUSE OR NEGLECT



ALL SAP staff are Mandated Reporters, Virginia law binds us if child abuse or neglect is suspected.

Parent Notification of Code of Virginia
Section 63.2-1509 of the Code of Virginia requires any person providing full or part-time childcare for pay on a regular planned basis to report any suspected child abuse or neglect.

If child abuse or neglect is suspected, the appropriate investigation agency will be contacted and follow up will be done by the appropriate City of Hampton personnel.

PROGRAM LOCATIONS & PHONE NUMBERS BEFORE SCHOOL SITES

Andrews	757-727-1163
Armstrong	757-727-2174
Barron	757-848-2351
Cooper	757-825-4775
Eaton	757-896-4570
Jackson	757-825-4505
Jones	757-864-0866
Kilgore	757-848-2340
Moton	757-727-1235



AFTERSCHOOL SITES

Aberdeen	757-251-6568	Jackson	757-825-4505
Andrews	757-727-1163	Jones	757-864-0866
Armstrong	757-727-2174	Kilgore	757-848-2340
Asbury	757-850-5176	Kraft	757-825-4859
Barron	757-848-2351	Langley	757-850-5165
Bassette	757-727-4862	Machen	757-766-5298
Bryan	757-727-1737	Moton	757-727-1235
Burbank	757-896-8392	Patrick	757-850-7150
Christian	757-850-5641	Peake	757-723-6221
Cooper	757-825-4775	Phenix	757-224-9509
Forrest	757-896-8393	Phillips	757-850-5087
Eaton	757-896-4570	Smith	757-848-2292

ONLINE - ANYTIME
SAP Main Office 727-1300 option 4
Registration and Payment Portal at https://register.communitypass.net/Hampton
SAP Website www.Hampton.gov/SchoolAgePrograms
Healthy Families Website www.Hampton.gov/HealthyFamilies



Hampton Healthy Families also offers the following classes for families of all ages and stages. For more information on these or any other programs, please call the Healthy Families office at (757) 727-1300.

- **1-2-3 Magic** - addresses the difficult tasks of discipline with honor, keen insight and proven experience
- **Building Better Relationships** - Couples set goals & examine the values within their relationship
- **Dynamic Dads** –Communication, Male/Female relationships & responsible fatherhood
- **Guiding Good Choices** - strengthens family bonds, teach children skills they will need to make healthy choices in life
- **LAMB** – 7 week prenatal class - Calms your fears and prepares you for parenthood.
- **LAMB (Labor & My Baby) – 1-day Workshop**
- **Kids First 4-hour Workshop** - Meets court ordered issues for custody & visitation
- **Nurturing Skills ages 1-4** –Normal child development, routines, positive discipline & more
- **Nurturing Skills ages 5-12** –Family rules, manage behavior, stress & communicate effectively
- **Nurturing Parents with Teens** –Parents & Teens Learn to communicate, negotiate & build a relationship
- **Walkers & Talkers Playgroup** – Meets Monday & Wednesday 9:30-11:30am for parents & children ages 1- 4 years
- **Movers & Shakers Playgroup** – Meets Thursday 10-11:30am for parents & children ages 6months - 2years
- **Infant Massage** – Meets Thursday 10-11:30am for parents & children 4weeks - 6months

100 Old Hampton Lane, Hampton, VA 23669